



Breakfast

LIGHT START

- City Oatmeal**
strawberries, blueberries, toasted almonds 9.95
- Country Oatmeal**
dried cranberries, walnuts 9.95
- Fresh Fruit Bowl**
an assortment of seasonal fruit 9.95
- Bowl of Berries**
strawberry, blueberries 10.95

GREEK

YOGURT BOWLS

- Classic Energy Bowl**
fresh seasonal fruit, granola, honey 11.95
- Banana Bread Bowl**
strawberries, banana, honey, walnuts 11.95
- Honey Walnut Bowl**
honey, walnuts 9.95

BAKED GOODS

- Croissant** 3.75
- Danish** 3.75
Cheese or Cinnamon
- Corn Muffin** 2.95
- Bran Muffin** 2.95
- Blueberry Muffin** 2.95
- Pound Cake** 3.95
- Banana Nut Bread** 4.95
- Toasted Bagel w/ Butter** 2.25
w/ cream cheese +1.50
- English Muffin** 2.25
- Gluten-Free MultiGrain Toast** 3.95
- Organic Sprouted Grain Toast** 3.95

Add \$0.50 for items to-go to offset the cost of packaging

CAGE FREE EGGS

Served w/ homefries and toast
Substitute pancakes +3.95
Substitute Gluten free or organic sprouted grain +1.95

- Two Eggs Any Style** 8.50
add choice of meat +4.95
- Corned Beef Hash & Eggs**
homemade, topped with two eggs any style 14.95
- Country Breakfast**
two eggs, bacon, sausage, virginia ham 14.95
- Steak & Eggs**
grilled to perfection, two eggs any style 23.95



nitro cold brew coffee 5.95

Add Choice of Only One:
Bacon, Ham, Sausage, Taylor Ham +4.95
Chicken Sausage, Turkey Bacon +4.95
Canadian Bacon +5.25

EGG SPECIALTIES

- Original Avocado Toast**
organic sprouted grain, two poached eggs, salsa, spring mix 16.95
- Greek Scramble**
feta, beef gyro, tomatoes, onions, pita, tzatziki, french fries 15.95
- Huevos Rancheros**
two fried eggs, chorizo, ranchero sauce on corn tortillas, home fries 15.95
- Cuban Breakfast**
two eggs any style, chorizo, sliced avocado, fried sweet plantain, rice, black beans 16.95
- Short Rib Hash And Eggs**
two any style, slowly braised angus short rib, caramelized onions, peppers & mushrooms, home fries 19.95
- Cali Scramble**
sliced grape tomatoes, cheddar-jack cheese, avocado, served w/ multi-grain toast, spring mix, salsa, sour cream 14.95
- Eggs Benedict**
canadian bacon, hollandaise sauce 13.95
- Texas Breakfast Bowl**
scrambled eggs, ham, peppers, onions, sharp cheddar, over homefries, salsa, jalapeño, sour cream, warm tortillas 15.95

- California Skillet**
home fries, onions, mushrooms, sausage, avocado, sharp cheddar cheese, hollandaise sauce, 2 basted eggs 15.95
- Veggie Breakfast Skillet**
home fries, spinach, mushrooms, red onion, quinoa, ranchero sauce, 2 basted eggs 15.95

PANCAKES

Made from scratch daily using our buttermilk pancake recipe. Served with warm syrup and butter. Substitute Vermont maple syrup +2.95

- Buttermilk Pancakes**
dusted w/ powdered sugar 10.50
- Strawberry Napoleon Pancakes**
sweet mascarpone filling, fresh strawberries, nutella drizzle 14.95
- Chocolate Chip Pancakes**
chocolate chips, whipped cream, chocolate drizzle 11.95
- Funfetti Pancakes**
house-made funfetti cake, rainbow sprinkles, whipped cream 15.95
- Multi-Grain Pancakes** 10.95
- Chunky Monkey Pancakes**
chocolate chips, bananas, nutella drizzle 15.95
- Oreo Pancakes**
oreos, whipped cream, chocolate drizzle 14.95
- Quinoa Pancakes**
multi-grain, banana, almonds, quinoa 14.95
- Lumberjack Pancakes**
two eggs any style, bacon, sausage 16.95
- Gluten-Free Pancakes** 10.95

FRENCH TOAST

Hand dipped daily in our classic french toast recipe. Served with warm syrup and butter. Substitute Vermont maple syrup +2.95

- Classic French Toast**
dusted with powdered sugar 9.95
- Banana Nutella French Toast**
layered w/ bananas, nutella 15.95
- Oreo French Toast**
oreo cookie icing topped w/ more oreos, chocolate, vanilla sauce 15.95
- Gluten Free French Toast**
dusted with powdered sugar 12.95
- Healthy French Toast**
whole-grain gluten-free french toast, sliced strawberries, blueberries, toasted almonds 16.95
- French Toast Tiramisu**
layered w/ sweet mascarpone filling, strawberries, bananas, raspberry sauce, chocolate powder 15.95

WAFFLES

made from scratch daily served with warm syrup and butter. Substitute Vermont maple syrup +2.95

- Belgian Waffle** 9.95
- Fruit & Nutella Waffle**
strawberries, bananas, whipped cream, nutella drizzle 15.95
- Banana Walnut Waffle**
loaded w/ bananas, walnuts 13.95
- Fried Half Chicken & Waffle**
fried chicken over a giant belgian waffle 19.95
- Gluten-Free Waffle** 10.95
- Chocolate Chip Waffle**
chocolate chips, whipped cream 12.95

EGG SANDWICHES

Substitute Gluten-Free Bread, Bun or Wrap +2.00

- Healthy Egg Sandwich**
egg whites, spinach, apple, avocado, spouted grain toast, spring mix 13.95
- NJ Sandwich**
taylor ham, fried eggs, american cheese, kaiser roll 6.95
- Breakfast Sliders**
buttermilk biscuits, scrambled egg, american cheese, bacon, french fries 14.95
- Farmers Breakfast Wrap**
eggs, sausage, bacon, ham, peppers, onions, american served w/ home fries 12.95
- Bandito Burrito**
scrambled eggs, chorizo, onion, tomato, jalapeño, cheddar jack, topped w/ ranchero sauce, served w/ home fries 15.95
- Smoked Salmon Deluxe**
red onions, tomatoes, capers, olives, toasted bagel, cream cheese 18.95



FRESH PRESSED JUICE & SMOOTHIES



- Peach Mango Smoothie**
peach, mango, yogurt, milk 9.95
- Strawberry Banana Smoothie**
strawberry, banana, yogurt, milk 9.95
- Dolce Vida**
banana, peanut butter, chocolate whey protein, coconut milk 9.95
- Tropical Smoothie**
pineapple, banana, strawberry, coconut milk, honey 9.95
- Berry Sinful**
strawberry, blueberry, greek yogurt, honey, milk 9.95
- Tomato | Apple | Grapefruit | Cranberry** 3.95

OMELETTES

- Served w/ homefries and toast
Substitute pancakes +3.95
Substitute Gluten free or organic sprouted grain +1.95
- Wild Western**
mushrooms, cheddar cheese, ham, bell peppers, onions 13.95
- Mexican Omelette**
jalapeño peppers, onions, sharp cheddar cheese, with tortilla chips and salsa 12.95
- Colorado**
ham, bacon, sausage, cheddar-jack cheese 16.95
- Florentine**
fresh spinach, feta cheese 13.95
- Alpine**
bacon, swiss cheese, mushrooms, onions 13.95
- Mediterranean**
feta cheese, spinach, tomatoes, onions, mushrooms 14.95
- Santa Fe Omelette**
chicken, jalapeño, turkey bacon, onions, tomatoes, salsa, sour cream 16.95
- Body Builder**
egg whites, broccoli, mushrooms, chicken, tomatoes, onions 16.95
- Italian Omelette**
sausage, mozzarella, tomatoes, mushrooms 13.95
- Light Omelette**
egg whites, mushrooms, onions, broccoli, tomatoes 14.95
- American Classic**
diced ham, american cheese 12.95
- New York**
smoked salmon, onions 17.95
- Chicken Fajita Omelette**
marinated chicken, onions, peppers, shredded cheese topped w/ salsa, guacamole, sour cream, chili hash browns 16.95

Disclaimer: We are not a gluten free kitchen. All food items are prepared on shared equipment.

Hot Beverages

- Espresso**
regular or decaf 2.95
- Double Espresso**
regular or decaf 3.95
- Cappuccino**
double espresso, foamy steamed milk 5.95
- Café Latte**
double espresso, steamed milk 5.95
- Café Mocha**
espresso, chocolate sauce, steamed milk, fresh whipped cream 5.95
- Chai Tea Latte**
nirvana in a cup 5.95
- House Roast Coffee**
regular or decaf 2.95
- Rishi Tea**
assorted flavors crafted from the highest quality tea leaves 2.95
- Ghirardelli Hot Chocolate**
topped w/ fresh whipped cream, a piroluline chocolate wafer 6.95

Cold Drinks

- House Roast Iced Coffee** 3.95
- Freshly Brewed Iced Tea** 3.95
- Hand Spun Milkshake**
vanilla, chocolate, strawberry, or black & white 7.95
- Saratoga Sparkling Water** 2.95
- Boylan Bottling Co. Soda**
orange, creme, or root beer 3.95
- Mimosa**
freshly squeezed orange juice, sparkling wine 9.95
- Bloody Mary**
Tito's vodka, special bloody mary mix 9.95
- Bellini**
sparkling wine, peach puree, peach nectar 9.95
- Top Shelf Long Island Iced Tea**
Grey Goose vodka, Bombay Sapphire gin, Bacardi Superior rum, Patron tequila, Triple sec, lime, splash of pepsi 12.95

ADD TO ANY BREAKFAST

- House-Made Corned Beef Hash** 8.95
- Turkey Bacon** 5.25
- Chicken Sausage** 6.95
- Chorizo Mexican Sausage** 6.95
- Beyond Vegan Sausage** 9.95
- Canadian Bacon** 5.95
- Bacon | Sausage Ham | Taylor Ham** 5.95
- Blueberries or Strawberries** 3.95
- Banana** 2.95

Main menu on flip side